



CABBAGE

When to Grow?

Summer Cabbage

Sow: Late March - Early May

Transplant: May - June

Harvest: August - September

Germination: 7-12 days

Where to Grow?

Prepare a sunny spot in non-acidic soil. Dig soil and add high quality compost in Autumn.

Autumn application of compost results in less nutrient leaching than from manures and slurries due to the slow-release forms of many of the nutrients in composts. Time your compost applications so that increased nutrient availability meets the nutrient requirements of your crop rotation programme.

How to Grow?

Start off in greenhouse in moist compost until approx. 4 inches tall then harden off.

Water the rows the day before transplanting.

Plant approx. 1 foot apart.

Compost

Compost contains plant nutrients and organic matter. These ingredients have beneficial effects on the following crop when applied to soil. Compost contains slow release nitrogen, phosphate and sulphur. It contains readily available potash that can provide all the crop's needs plus smaller but useful amounts of magnesium, calcium and trace elements (zinc, copper, manganese & boron).

For crops with sensitive seeds, as with manures or NPK fertilisers, it is advisable to mix the compost with the soil at least two weeks prior to sowing in case the germination of affected by any temporary raised salt content of the soil.



Top Tips

- Crop rotation – Good idea to use an area last used to grow a non-brassica crop
- Protect from birds with netting.



Organic Solutions to Slugs

- Cabbage Collars – can deter slugs and 'Club root fly'
- Prepare a spray solution of water and crushed garlic ratio 10:1 with one liquidized clove. This solution also serves to prevent damping off of young shoots caused by fungus.
- A ring of lime, sand or coffee grounds can deter slugs.
- Physically remove them once they come out in the evening.